



Statement of participation

Michael Frank

has completed the free course including any mandatory tests for:

Health is everywhere: Unravelling the mystery of health

This 6-hour free course explored two ideas about health: that it is an ever-present factor in our lives, and that it is difficult to define.

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www.open.edu/openlearn

This statement does not imply the award of credit points nor the conferment of a University Qualification. This statement confirms that this free course and all mandatory tests were passed by the learner.

Please go to the course on OpenLearn for full details:

<https://www.open.edu/openlearn/health-sports-psychology/health/health-studies/health-everywhere-unravelling-the-mystery-health/content-section-0>

COURSE CODE: **K203_5**

Health is everywhere: Unravelling the mystery of health

<https://www.open.edu/openlearn/health-sports-psychology/health/health-studies/health-everywhere-unravelling-the-mystery-health/content-section-0>

Course summary

This free course, Health is everywhere: Unravelling the mystery of health, considers two ideas: that health is an ever-present factor in our lives, and that health is something difficult to define. But how can we say that health is everywhere if it is so mysterious? How do we recognise health if it so difficult to define? There are no easy answers to these questions! In this course we explore this paradox, not just because it is a fascinating dilemma but because understanding health in all its multifaceted complexity is a prerequisite to working for health in imaginative, creative and useful ways, in both our private and our public lives.

Learning outcomes

By completing this course, the learner should be able to:

- assess the degree to which health pervades all aspects of contemporary life
- identify views on what health means personally
- review a range of meanings that health has for individuals and groups of individuals
- discuss the social and cultural significance of this range of meanings
- critically analyse the distinction between 'lay' and professional perspectives on health.

Completed study

The learner has completed the following:

Section 1

Where is health?

Section 2

Accounting for health

Section 3

Health as social representation

Section 4

The 'lay/professional' axis

Section 5

Quality of life

Section 6

Illness and disease

Section 7

Moving to a positive paradigm

Section 8

Conclusion