



## Statement of participation

# Michael Frank

has completed the free course including any mandatory tests for:

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### **The Ancient Olympics: Bridging past and present**

This 5-hour free course highlighted the similarities and differences between our modern Olympic Games and the Ancient Olympics.

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**Issue date:** 9 November 2018

[www.open.edu/openlearn](http://www.open.edu/openlearn)

This statement does not imply the award of credit points nor the conferment of a University Qualification. This statement confirms that this free course and all mandatory tests were passed by the learner.

Please go to the course on OpenLearn for full details:

<https://www.open.edu/openlearn/health-sports-psychology/health/sport-and-fitness/the-ancient-olympics-bridging-past-and-present/content-section-0>

COURSE CODE: **Olympics\_1**

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## The Ancient Olympics: Bridging past and present

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<https://www.open.edu/openlearn/health-sports-psychology/health/sport-and-fitness/the-ancient-olympics-bridging-past-and-present/content-section-0>

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### Course summary

This free course, The Ancient Olympics: Bridging past and present, highlights the similarities and differences between our modern Games and the Ancient Olympics and explores why today, as we prepare for Londons 2012 Olympics, we still look back at the Classical world for meaning and inspiration.

### Learning outcomes

By completing this course, the learner should be able to:

- show an awareness of the main similarities and differences between the modern Olympics and the Ancient Greek Games
- assess the ethical, philosophical and cultural importance of the Olympics to the Ancient Greek World
- understand the dual role of Olympia as a religious sanctuary and the location of the Ancient Olympic Games.

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## The Ancient Olympics: Bridging past and present

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### Completed study

The learner has completed the following:

#### Section 1

Historical influences

#### Section 2

What are the Ancient Olympics?

#### Section 3

The broader context: Other athletic festivals in Ancient Greece

#### Section 4

Preparing for the games: Training body and mind

#### Section 5

Day One: The opening ceremony (athletics and religion)

#### Section 6

Day Two: The equestrian events and pentathlon

#### Section 7

Day Three: Sacrifices (*Hecatomb*) and feast

#### Section 8

Day Four: Running events and combat sports

#### Section 9

Day Five: Honouring the victors

#### Section 10

Conclusion

#### Section 11

Quiz